Families–Your child has been learning about conservation of wild birds. This sheet offers information and activities related to bird conservation around your home.

**HOW CAN I HELP?**

Make Your Home More Earth Friendly

There are lots of ways you can help reduce, reuse, and recycle. Many communities already support recycling programs. But if we can learn to use less, right from the start, that’s even better. Look around your home for ways you can reduce, reuse, or recycle. Record your current habits and your plans for improvement. Share your plan with your family and put it into action.

### REDUCE

We use too many/much:

---

We can stop buying/using:

### REUSE

We can reuse or donate:

### RECYCLE

We can recycle:
There are many ways to help birds, but did you know you can help them by planting native plants? Simply choosing native plants in your yard can increase biodiversity and support bird populations. Combine native plants with a food and water feature, and you've got yourself a good habitat.

Bird of the Month

**EUROPEAN STARLING**

All the European Starlings in North America descended from 100 birds released in New York’s Central Park in the early 1890s. Because of their recent arrival in North America, all of our starlings are closely related. Genetically, individuals from Virginia are nearly indistinguishable from starlings sampled in California, 3,000 miles away.

Hands-On Activity

**BUILD SOMETHING RECYCLED!**

During the course of a week, collect recycled supplies. These can be cardboard boxes, bottles, wires, and cloth. Use these recycled materials to make something beautiful! You could make a bird feeder, nest box, model bird, or whatever your imagination suggests! Bring your bird creation into class to share.

Pennington® Feeder Spotlight

**WANT TO ATTRACT SOME FAST FLIERS?**

Bring dazzling hummingbirds to your home with the Pennington® Decor Hummingbird Feeder.